S.A.F.E Grant County

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Takes Part in the Platteville

Dairy Days Events

The Grant County Tobacco-Free Coalition Takes Part in the Platteville Dairy Days

The Tobacco Free Coalition (a branch of the S.A.F.E. Coalition) will be participating in the Platteville Dairy Days events including the parade which will begin on Main Street at 9:30 am – Saturday, September 6th. Youth from Platteville, Lancaster, Benton, Darlington, and Cuba City will plan to march in the parade with a "Sweet on Smoke-Free Air" message. We are planning to disperse "ice pops" for a sweet treat and spray water up into the air to stay cool and rise above the influence. After the parade, we will move to our display area at Legion Park and will offer an educational display booth for community members. Once again we will offer "ice pops" to people who visit our booth.

On Sunday, September 7, we will continue with our educational booth 12:00-2:00 pm. At 5:30 p.m. we will be at the Millennium Theatre for an educational and extremely fun program for all ages. Again, the emphasis will be on the hazards of tobacco and the importance of a smoke free environment. Mr. Mike Metz, a Physician's Assistant from the Family Medical Center, will offer valuable information about the negative affects of tobacco. The Truly Remarkable Loon, a juggler from Madison, will be there to entertain and send more important, tobacco free messages. Finally, around 7:00 pm, a free family movie will be shown with a complimentary soda and popcorn.







Grant County Prescription Drug Round -Up

Submitted by Kathy Marty, Project Director for the S.A.F.E. Grant County Coalition

An unused or expired household prescription drug round up was held on April 26, 2008 at Heartland Community Credit Union on Business 151 in Platteville from 12:00 PM to 3 PM.

Why is it important to have unwanted prescription drug round ups? Improper disposal of expired or unused prescription drugs has been shown to cause damage to our environment and threatens our drinking water. Expired or unused household prescriptions are also a major concern because of the potential for misuse and abuse

Who sponsored the April 26 round up? Heartland Credit Union, UW-Platteville Student Groups: American Society of Civil **Engineers and Platteville** Society of Environmental Engineers, Grant County Health Department, S.A.F.E. Grant County Coalition, Grant County Sheriff's Department, UW -Extension, and the Center on Aging. The S.A.F.E. **Grant County Coalition** wishes to particularly thank the Heartland Credit Union for allowing the round up to be held on their premises and also the Ubersox **Chrysler Auto Dealer in** Platteville for generously contributing to the lunch

for all the hard working volunteers that participated in the round up. The coalition also wishes to thank Nanette Hitchens, local Licensed Pharmacist, for donating her time to the round up as well.

What were the results? About one hundred fifty pounds of unwanted prescription drugs were collected in the three hour round up which did not include the packaging/ containers for the drugs (with the exception of liquid medication). This was a great result for only three hours of operation!

Youth & Ag building (Lancaster)

Next Round-up:

Oct. 24, 2008

Elderfest -9:30-1:00

fifty pounds of unwanted prescription drugs were collected

About one hundred

Successful Compliance Check Program in Grant County

Submitted by Carol Thole, Grant County Tobacco Free Coalition Coordinator and Nicole Grinnell, Americorps



Thanks to our responsible retailers and dedicated law enforcement our tobacco and alcohol compliance rates are very high and exceed the state average. Our compliance checks are not yet complete this year. However, to this date the tobacco compliance rate is at 99% and the alcohol compliance rate is at 96%. This program is a collaborative effort of the Grant County Sheriff's Department, Platte-

ville Police Department, Grant County Health Department, Tobacco-Free Coalition of Grant County, D.O.T and the S.A.F.E Coalition. The goal of this program is to keep alcohol and tobacco out of the hands of underage individuals. The retailers are required to check IDs when a young person is attempting to purchase alcohol or tobacco. Research indicates that when young people are not given

the chance to have access to tobacco or alcohol this will decrease the chance of addiction of those products. The winners of our award/ incentive program were Mr. Mark Molzhon, manager of the Fireball Lanes in Lancaster and Emily Klais, an employee at Fennimore Lanes. Each won \$50 for doing the right thing and not selling to minors.

TEENS, PARENTS, AND VALUES

Submitted by: Bev Doll, Grant County Family Living Agent, UW-Extension

Values influence the way we view the world, the decisions we make and, ultimately our behavior itself. Many things and people influence our values. Many things and people impact our teen's values: friends, teachers, religion, music, media, etc. When it comes to dealing with sensitive topics such as smoking, drinking, and sex data, the recent Southwest Wisconsin Youth Survey (SWYS) of 3,747 seventh to twelfth grade youth shows that parents play a critical role in the values their teens hold and the behaviors they

exhibit

Table 1 shows that more than 4 out of 5 teens in Southwestern Wisconsin (85%) either "agree" or "strongly agree" that their parents think it is wrong for teens their age to smoke cigarettes. Nearly 3 out of 4 (75%) either "agree" or "strongly agree" that their parents think it is wrong for teens their age to drink alcohol, and 72% believe their parents think it is wrong for teens their age to have sex.

Unfortunately, Table 1 also shows that one in fourteen teens are unsure of how their parents feel about teens smoking tobacco. The number of teens who are unsure of their parent's values regarding teen alcohol use and teen sexual behavior is even more troubling.

What Do My Parents Think? (Table 1)

My Parents Think It Is Wrong For Teens My Age To:	Agree	Not Sure	Disagree
Smoke Tobacco	85	7	8
Drink Alcohol	75	12	13
Use marijuana	86	6	7
Have oral sex	73	17	10
Have Sex	77	12	11

"Being clear about your values and beliefs – committing to them – is critical to being assertive in resisting negative pressure," according to Dr. Peter Benson of The Search Institute. "One of the reasons assertiveness is lacking in some kids is that they are just not clear what matters to them."

For example, a teen who is committed to waiting to have sex is better prepared to resist sexual pressures than teens who are not sure or have not given it much thought. Parents can help teens think about and clarify their beliefs, giving them the confidence to stand up for those beliefs.

For additional information on teens and communicating values visit http://www.uwex.edu/ces/cty/grant/tap/SWYS2005.html

Fifty-one Students from Grant, Lafayette and Sauk Counties Attend Youth Leadership Conference



Last month, 51 students from Grant, Lafayette and Sauk counties gathered at the Bethel Horizons Camp in Iowa County to learn and develop leadership skills which will have a positive impact in helping their schools and communities grow.

Mike McGowan, a nationally-known speaker, was the guest for a day and spoke about body image and self-esteem, as well as the dangers of drugs and alcohol. McGowan has been a major asset to the program, as his speaking method and presentation both excites young people and makes them comfortable with stepping outside the box.

Day two included an adventure course, which involved team building and a high ropes course. The ropes course taught the kids a way to learn about the "natural healthy high" they can achieve without the use of drugs, alcohol or tobacco. The course had many obstacles that were challenging for kids and adults alike. With the desire to overcome their fears and some encouragement from their peers, many young people reached new heights that they never imagined possible.

The students developed action plans, which were presented to the group on the third and final day of the conference. Students from Benton, Darlington, Platteville, Lancaster and Cuba City are planning on taking part in the Benton Labor Day parade and the Platteville Dairy Days, along with other events.

The kids enjoy attending the Youth Leadership Conference. Many of them have attended multiple years and are looking forward to participating in years to come. This program helps develop and grow beneficial skills that can be used throughout a lifetime.

Sponsored by: S.A.F.E. Grant County Coalition

The Tobacco-Free Coalition of Grant County

Lafayette County Community Suicide Intervention



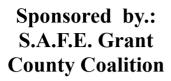
This is a low level trust exercise. This is used to prepare the youth for more challenging task that will come later. (left)

These are two activities used to build trust and engage teamwork. The "Spider Web" (bottom) and "The Wall" (right)



Once at the top of this pole you have the option to stand up and jump out to catch a swinging trapeze (right)





Coalition e-mail & website: gcdrugfree@yahoo.com www.grantcountydfc.org

Coalition Officers:

Bev Doll- President

Deb Goold- Vice President

Andrea Droessler- Secretary

Linda Adrian - Treasurer

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Want to Make a Difference?

You can support the S.A.F.E Grant County effort by joining one or more of our committees. The committees, which are described below, are where the real work gets done! Their success depends on people like you rolling up their sleeves and joining in the effort

Compliance Check:

Oversees the alcohol and tobacco compliance checks to limit youth access.

Safe Driving:

Works on issues focusing on seatbelt usage, child safety checks, and drinking and driving, and much more.

Fresh Start:

Oversees and provides direction to the Fresh Start program, to educate the risks of underage alcohol use.

Parent/Community Education:

Develops and implements educational campaigns/displays, sponsors community town hall meetings or suppers, and assists community parent groups with activities/projects.

Promotion/Sustainability Committee:

Promotes the coalition and alternative drug free activities, offers educational programs, and seeks funding.

Policy/Ordinance Committee:

Works towards policies or ordinances to promote safe, healthy communities.

If you are interested in helping to improve the quality of life for Grant County citizens, especially our youth, and would like to join the coalition and/or participate on one of the many committees that implement the coalition's goals and objectives, you may contact Kathy Marty or Carol Thole at 723-6416.

Mark Your Calendars

Platteville Dairy days September 6-7
Prescription Drug Round-up October 24, 9:30am-1:00pm (during Elderfest)
Suicide Prevention Summit 2008—Eau Claire- Sept. 22
Legislative Breakfast—October 8th, 7:30 am Grant County Board Room-Lancaster

S.A.F.E Grant County Coalition Grant County Health Department 111 S. Jefferson St. Lancaster WI, 53813 Non-Profit Organization U.S. Postage PAID Platteville, WI 53818 Permit #82